



Stress-Free Leadership

Living Your Best Life While Inspiring Others

Dates:

Corning, NY: March 12, 13
March 16, 17
June 25, 26
August 20, 21



Expected Outcomes:

- ▶ Discover new strengths you didn't know you had
- ▶ Learn new strategies and tools to reduce stress
- ▶ How to resolve any conflict
- ▶ How to keep your balance when life gets tough
- ▶ Enhanced communication skills
- ▶ Powerful teamwork insights & secrets
- ▶ Inspiring those around you to top performance

Material based on the presenters' book, *Heartfelt Leadership: Creating a Culture of Connection*

CALL Kate @
570-439-2004
to register

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Registration is limited.

Co-led by business culture and personal experts Kate Sholonski and David

www.triumphleadership.com