

## **Stress-Free Leadership**

Living Your Best Life While Inspiring Others

## **Dates:**

Corning, NY: October 12, 13 November 8, 9 (9:00-4:00)



## **Expected Outcomes:**

- ▶ Discover new strengths you didn't know you had
- ► Learn new strategies and tools to reduce stress
- ► How to resolve any conflict
- ► How to keep your balance when life gets tough
- ► Enhanced communication skills
- ► Powerful teamwork insights & secrets
- Inspiring those around you to top performance

Material based on presenters' book, Heartfelt Leadership: Creating a Culture of Connection

CALL Kate @

570-439-2004 to register

\$597

Registration is limited.

Co-led by business culture and personal development experts Kate Sholonski and David Larson

www.triumphleadership.com