

Testimonials

2020



Kate & David are unquestionably the best in the business. Their unique method of delivery will leave their lessons imprinted in your mind forever. Their training is the best “gift” you could give yourself.

Pam Burrous, Operations Supervisor, *Dominion Energy Transmission*

This experience was very inspiring and touched the core of my being. The Heartfelt Leadership training has definitely helped make me a better leader to my team. I am forever grateful for the experience and the kind hearts of David and Kate.

**Shannon Sawyer
Executive Housekeeper
*Radisson Hotel, Corning, NY***

I wanted to jump out of my chair and get started on using my natural gifts in ways I never have before. I now feel so much more confident in handling difficult conversations. David and Kate will inspire you to take hold of your professional and personal life and ultimately, push you to live a joy-filled life.

Brook Wise, Community Development Manager, *American Cancer Society*

WOW!!! What an amazing two days. I have never felt so comfortable with a group of "strangers" so quickly before. I left

feeling Refreshed, Enlightened and Grounded.

"DON'T miss an opportunity to attend, the work will be there when you get back but the stress won't. This training is transformative, keep an open mind and an open heart and it will change your world!"

Michael D. Zinck
Dominion Energy Transmission, Inc.

I have attended several workshops and trainings to further develop my leadership skills. Heartfelt leadership was very different from all of them.

The time we spent together, although brief, was extremely memorable and powerful. I can honestly say that I would love for each of my team members to experience this training! I can hold them accountable and...be on the same page. I want them to realize their gifts and potential as leaders and to experience the same emotional connection that I experienced during our time together.

Shelly Krellner
Director of Sales, *Radisson Hotel*

David and Kate are clearly experts, yet they teach in a way that makes attendees feel like the most important people in the room. I found the workshop to be eye-opening and fulfilling. I left with a much better picture of who I am and how I want to lead.

Lisa Hall Zielinski
Director, *The University of Scranton Small Business Development Center*

This is the best training I've ever experienced! *Upbeat, Moving, and Personal.* Thank You for the style you brought to the

class. From the moment we walked in, we were greeted with a smile and handshake. I felt like I was a person not a client right from the start.

I have used heartfelt leadership skills since attending the class; I have had a more positive attitude, been in a happier mood, and shrugged off little things that used to bother me before. I am a better person today for meeting Kate and David, and will continue to use their teachings as a means of good leadership.

Scott E. Beebe, *Dominion Energy Transmission Inc.*

“I’ve been to a lot of leadership trainings...this brought it all together for me...the light went on.”

Jim Hamilton, *Dominion Energy Transmission*

When I first heard about this course, *Stress-Free Leadership*, I laughed, but after experiencing it, I get it. It works! I really look forward to putting all of the great information that I learned to use in my job and in my life.

David Stryker

Program Supervisor, *Arbor Housing and Development, Corning, NY*

"Heartfelt leadership inspired me to step back and view myself and my relationships from a perspective of presence and compassion. Kate and David make vulnerability into fun and engaging playtime. Fears, frustrations, and insecurities simply melt away in this class..."

Kim Gridley, *Planning Specialist, Tioga County, PA*

Awakening, Refreshing, Warming ~ David and Kate's relationship with one another made this experience so much

more unique and engaging than I could have ever expected. They're energy and cues with one another are what really made the experience something to learn from and grow...feeling ready to be a game-changer in the workplace.

Meghan Beardsley, Analyst, Customer Logistics, American Cancer Society, Inc.

“It's not often, if ever, that anyone has an opportunity to attend a seminar or training where the facilitators present from the heart and the heads! David and Kate have nailed it! They have a heartfelt way of engaging their audience while the listener's inner self is enlightened and awakened. Powerful, Engaging, Enduring.”

Kimberly Womeldorf
Director of Programs & Services
Roads to Freedom CILNCP

David and Kate combine their distinctive gifts to stretch you outside of your comfort zone and challenge you to own your gifts to be your own best leader. It is the combination of their unique individual personalities that make this class different than other leadership training.

Cynthia T.
International Trade Program Manager
Northern Tier Regional Planning and Development Commission

Engaging, Empowering, Refreshing. I have no words for the beauty and truth I found in myself with your teaching methods. You are fascinating to watch together, brilliant.

Ann Holleran, Dairy Farmers of America

Kate and David engaged the participants without the use of detailed PowerPoint slides and not only encouraged but also facilitated open dialog from each participant. The small group

helped with that level of introspection from each person making the experience more valuable on a more personal level. Both were very laid back, knowledgeable, personable, and non-judgmental. I appreciated the open space, so to say, for participants to share situations from their own workplace.

Janice E. Bennett
Education Coordinator, Organizational Development
The Guthrie Clinic

Thank you for the great opportunity of attending your seminar!
So powerful, inspiring and enlightening! You two are contagious! I loved every minute of it!

Sherrie Sargent, Regional Office Manager, AAA North Penn,
Williamsport, PA

I would describe this workshop as powerful, empowering, eye-opening.
This training was a great experience and recommended for all leaders from any industry. The utilization of personal stories made it easy to learn and devour the information.

Jody McCarty
Workforce Program Manager, Northern Tier Regional Planning and
Development Commission, Towanda, PA

I drove home from the workshop feeling like a ton had been lifted off my shoulders. I had clarity that I hadn't had in two years. It was amazing. I was able to regain my passion. I can't thank Kate and David enough! It was a truly profound experience for me!

Melissa McPherson
HCV Program Supervisor
Arbor Housing and Development, Corning, NY

My perspective and approach to leadership has changed. I already feel more relaxed, and take things less personally, and know how to help my workers tell me what they need to perform at their best.

Lori (Lyons) Patterson, M.Ed., NCC
Associate Director for Career Advising and Student Development
Career Advisor for Social Science Cluster
Williamsport, PA

What was unique about the workshop was the obvious impact it had on everyone that attended. I was impressed by how engaged and applicable the presentation was to everyone there though we were from all types of work settings. It was encouraging, inspirational, and uplifting.

Mary Jarreau
Owner, Peggy's Candies and Gifts, Wellsboro, PA

Awakened, Inspired, Pleasantly Surprised ~
This training has slowed me down, allowing me to be a better leader.

Frank Miller, Plant General Manage, Panda Patriot, Montgomery, PA

If you want to escape the prison of your own negative thoughts, and want to become the best version of yourself, you need to take this course. Kate and David are among the most compassionate folks I have ever met, and they in turn, have taught me how to be kind and compassionate with myself. I feel confident that whatever life throws at me from this point on, I will be OK. In fact, I will be more than OK. I will find joy in everyday!

Sherri Stager, Artist, Mansfield, PA

My three highlights: I felt humbled, enlightened, and cared for. The teaching by David and Kate was very collaborative, inclusive and was much more FUN than most workshops.

Michael Detweiler
Mansfield Borough Mayor
Mansfield, PA

I found this workshop to be empowering, encouraging and life-changing! I believe this experience will make a world of difference in my leadership, specifically in my abilities to role model positivity, respect, and personal connections.

Jaclyn Woollett, Ph.D.
Executive Director
The Institute for Human Services, Inc.

Introspective, Fun, Safe ~
David & Kate have an energy and synergy that works well together. They communicate ideas and concepts in a variety of ways, which helps all types of learners understand and relate to the message being conveyed.

Renee Potter, Controller, Mansfield University
Mansfield, PA

Taking this course has been life changing for me and I am just getting started on practicing what I learned. I have already paid myself back in leaps and bounds by being less stressed and being in-service to others.

Tea Jay Aikey
President & CEO, Central PA Chamber

This education was inspiring and fun! What I observed in Kate and David's teaching was the complete flow of energy between each other. The excitement of their presentation was contagious and Joyful. They were able to go with the flow and make adjustments as needed. They are very inspiring and great fun to be with.

Lee Anne Dolan
Wellsboro, PA

I have never been to a workshop with such highly personalized teaching methods. David and Kate welcome and support everyone's participation and have a wonderful bond and style of interaction with each other, allowing us all to relax and enjoy the process.

Cath Mulcahey
Learning Specialist and Academic Advisor
Mansfield University of PA Trio Program
Owner and Certified Health Coach/Alive and Well Coaching,
Wellsboro PA

Inspiring, hopeful and awakening! ~
I always felt completely included in the discussion and the lessons. I am now much more aware of the uniqueness in each of us and will respond accordingly in working with my team.

Sue Guss
Lead Lab Tech, Dairy Farmers of America
Wellsboro, PA

Incredible! Stress-Free Leadership was life changing for me! Kate and David were very personable, joyful, passionate, caring and funny! It was great to be part of a small group and to not have to stare at Power Point slides for two days. I am now determined to be a fearlessly authentic leader, not just as a manager, but as a human being!

Amanda M.Stuart

***Center Manager, Nonnie Hood PRC
Corning, NY***

Positive, Inspiring, Amazing. This workshop and it's facilitators are amazing! The workshop is very interactive and gave me the tools to be my best self.

***Krystle Blencowe, M.S.Ed
Director, Steuben Rural Health Network
Institute for Human Services, Inc.***